What Is Claimed Is:

1. A restraint system for a vehicle, the vehicle having a seat, the restraint system comprising:

at least one restraint device; and

at least one sensor integrated into the vehicle seat for detecting a sitting position of a passenger in the vehicle, the at least one sensor including at least one electric oscillating circuit, the oscillating circuit including a frequency-determining element, the frequency-determining element including at least one seat spring situated in the vehicle seat.

- 2. The restraint system according to claim 1, further comprising at least one seat spring assigned to at last one of the at least one oscillating circuit.
- 3. The restraint system according to claim 1, further comprising a plurality of seat springs combined into a group of seat springs assigned to a single one of the at least one oscillating circuit.
- 4. The restraint system according to claim 3, wherein the seat springs are connected electrically in parallel.
- 5. The restraint system according to claim 3, wherein the seat springs are connected electrically in series.
- 6. The restraint system according to claim 1, further comprising a plurality of seat springs situated in a matrix distribution in a seat surface of the seat, each of the seat springs being connected to one of the at least one oscillating circuit.
- 7. The restraint system according to claim 1, further comprising a compensating coil situated in spacial proximity to the seat spring such that an inductance of the coil does not change when there is a pressure load on the seat.
- 8. The restraint system according to claim 7, wherein the coil is situated next to

the seat spring.

- 9. The restraint system according to claim 7, wherein the coil is coaxial with the seat spring.
- 10. The restraint system according to claim 1, wherein the at least one seat spring includes seat springs in the seat and in a backrest of the seat for measuring a seat load on the seat.